

baby preppin'

- PICK A NAME
- INSTALL THE CARSEAT
- PACK HOSPITAL BAG
- GOING HOME OUTFIT
- STOCK THE FREEZER
- FINISH THE NURSERY
- ORGANIZE AND PREWASH CLOTHES
- PREP OLDER KIDS
- DATE NIGHT
- EDUCATE YOURSELF ABOUT BIRTH
- PREPARE FOR BREASTFEEDING
- STOCK UP ON POSTPARTUM PRODUCTS
- RESEARCH SAFE ROOM-SHARING
- FINALIZE YOUR BIRTH PLAN
- HAVE A GIRL'S NIGHT OUT
- GET A HAIRCUT
- TAKE ADVANTAGE OF NESTING
- CLEAR YOUR PHONE MEMORY
- HAVE YOUR BABY SHOWER
- WRITE THANK YOU CARDS
- CLEAN YOUR CARPETS
- PAMPER YOURSELF
- TAKE MATERNITY PHOTOS
- PICK A BIRTH ANNOUNCEMENT
- CHOOSE A PEDIATRICIAN
- TAKE A NAP
- BUY A POSTPARTUM BELLY WRAP
- BOND WITH EXISTING CHILDREN
- CREATE DIAPER AND NURSING STATIONS
- STOCK UP ON HOUSEHOLD ITEMS
- PURCHASE NURSING BRAS
- SCHEDULE A NEWBORN PHOTO SESSION
- DOCUMENT HOW YOU'RE FEELING
- GET YOUR FREE BREAST PUMP
- DOWNLOAD A CONTRACTION APP